
THE KINGSMAN



TRINITY LUTHERAN CHURCH, SCHOOL & ECC

613 Court Street, St. Joseph, MI 49085 ▪ 269-983-3056 ▪ www.discovertrinity.org



2009-2010 Theme: **“Christ is our Cornerstone” Ephesians 2:20, 21**

January 22, 2010

PARTNERS IN PARENTING: “Over-tired!”

From Julian Petzold, Principal

Parents, you’ve seen what can happen to your beautiful child when they get over-tired. You’ve witnessed the fits, irrational thinking, crankiness, moods, tears, etc., that are unique to each child. I have three children who respond differently to being over-tired, and, just like with your children, “it ain’t pretty”! I’ve always been amazed at over-tired infants who scream and wail one moment and are deep in slumber in almost an instant. Here’s the reason this kind of stuff happens: Fatigue throws the body, mind, and spirit of a person past its threshold. God could have done anything on the seventh day of creation, but he chose rest. God could have made humanity any way He wanted, and he chose to design us with limits that include a need for sleep and rest. You can’t survive long without rest. So, consider rest a gift from God. Now, every Christian should use the gifts God has given him, right? I know I am leading you down this very path – GO TO SLEEP! Sleep is a good gift from God that many people ignore or don’t utilize often enough. Why? Usually, to get more work done. Young children, teens, young adults, older adults, and “old geezers” all need it. Getting adequate sleep and rest will improve many aspects of life – especially in your home. Try it! *“In vain you rise early and stay up late, toiling for food to eat – for He grants sleep to those he loves.”* Psalm 127:2

Family Discussion Points

Determine who God made to require the most sleep; the least sleep.

Describe a behavior exhibited by you when tired – other family members may be most helpful with this ☺

Commit to a bedtime each night for the next week. It may vary for each person based upon age, but I’d like spouses to try to go to bed together every night for the next week – pray together once you get there.

SCHOOL NEWS

School information to help you stay up-to-date

Coffee with the Principal, Mr. Petzold

On Thursday, January 28, at 8:10 a.m. and 5 p.m., we will meet to discuss a few important matters for the school and ECC. Two main topics will be school finances and tuition projections for 2010-11, and a program by which you could have a significant portion of your tuition returned to you in the future. Please plan to attend so you can learn more and provide feedback.

Kindergarten Information Night

Learn more about enrolling your child in Kindergarten for the 2010-11 school year! On Tuesday, February 9, from 7 to 8:15 p.m. in the gym, we will offer a presentation for all parents with plenty of time for questions and dialog. Please plan to come without children if at all possible. It should be a very exciting meeting as we plan for the coming year! See you there.

Reenrollment time is almost here

Reenrollment information will be coming home soon. All families with children currently enrolled will have until March 1, at the very latest, to reenroll for next year. Watch for the mailing to come home before the end of January.

Middle School Information Night

Tuesday, February 16, is our Middle School Information Night. All families are welcome to join us at 7 p.m. on the upper level of the school to learn more about our middle school program. Current as well as prospective families would benefit from attending this informative session. Just come upstairs and we’ll be there to greet you! Parents and students are welcome to attend this meeting so that all questions can be answered. The meeting should be completed by 8:30 p.m.

Report cards & parent-teacher conferences

The second quarter ends on Friday, January 22. Report cards will come home on Friday, January 29. Parent-teacher conferences will be held in the evenings on February 3 and 4. Watch for more information from your child’s teacher.

Free dental care available

Children ages 15 and younger can receive free dental care on Friday, February 5, between 9 a.m. and 3:30 p.m., if they are not currently receiving dental care. This is provided through Lakeland Dental Society at C.A.R.E. Dentistry on Napier Ave. Call Dianna at 269-925-2113, if you have any questions or would like to sign up!

SCRIP – Your help is needed

The SCRIP program decreases your tuition for the following year AND it provides some money to our Tuition Assistance Fund for families in need. In an attempt to increase involvement and support for the SCRIP program, we will be asking parents from certain grades to sell each Friday from 3 to 4 p.m. We will provide a “veteran” seller to teach new parents the process. Please volunteer to help sell by stopping by or calling the office (983-3056). Here is the schedule for February through May:

Feb.: 1st and 8th grades April: 3rd and 6th grades
Mar.: 2nd and 7th grades May: 4th and 5th grades

Family gym and swim

Saturday, January 30, from 6:30 to 9 p.m., is Trinity Family Gym and Swim night at the YMCA. You and your family can swim in the pool, play volleyball, walleyball, basketball or racquetball. We will provide snacks and bottled water. Parents must be present with their children. A \$10 donation per family is requested. Please contact the church office at 983-5000 with questions.

Winter family retreat

March 6 and 7 will be Camp Lutherhaven’s Winter Family Retreat with the theme: *Picture This!* We have sign-up material in the office, and you can learn more about this great opportunity by calling 260-636-7101, or visiting www.lutherhaven.org

REMINDERS

Hot lunch account balances

Thank you to those who do a great job of keeping your hot lunch balances in the positive! At times, some parents do not realize that the account has a negative balance. We will continue to send notices of negative balances on a regular basis, and you can check the balance any time through Fast Direct (accessible through the school’s Web site at www.DiscoverTrinity.org/school.htm).

However, if your hot lunch account reaches a negative balance of \$-75, your child(ren) will no longer be able to eat hot lunch until the balance is paid in full. Thanks for your understanding with this new procedure.

Tuition payments

Please remember that all tuition and fees are due by the 10th of the month (January 10 for current tuition). On the 21st of the month, a late fee of \$20 is applied to your account. If there is a balance remaining on the last day of the month, our procedure is to have that be the last day of attendance until the balance is paid in full. If you have any questions, please contact Mr. Petzold at the school office (269-983-3056 x101).

TRINITY SPIRIT

Opportunities to show your Kingsman Spirit by supporting our students

First Archery Tournament at Trinity – everyone welcome!

The 4th through 8th graders have been learning archery as part of PE classes recently. The 6th and 8th graders will be competing in the next few weeks to qualify for the school’s first Archery Tournament Finals. The finals will be held on Thursday, February 11, at 2 p.m. in the gym. The poms squad will perform their routine at the conclusion of the tournament for the student body to enjoy. All parents, grandparents, families and friends are welcome to attend.

Calendar:

Jan. 28 Coffee with the Principal, 8:10 a.m. and 5 p.m.
Jan. 29 Trinity Spirit Day – Wear green or white!
Jan. 31 K-2nd choir performs, 8 a.m. service
Feb. 3-4 Parent-teacher conferences
Feb. 4-5 Pre-school parent-teacher conferences
Feb. 11 Archery Tournament at 2:00pm (gym)

Lunch Menu for the week of January 25:

Mon: Pizza, corn, peaches, cookie, milk
Tues: Chicken tenders, potato stars, peas, grapes, ice cream, milk
Wed: French toast sticks, sausage links, hash brown, mandarin oranges, milk
Thurs: Cheeseburger, fries, baby carrots, pineapple, cookie, milk
Fri: Mini corn dogs, tater tots, green beans, pears, milk

*Check the lunch menu any time at the school’s Web site:
www.DiscoverTrinity.org/school.html*

SPORTS CORNER

Reported scores, week of January 18:

Jan. 19: 7th/8th boys’ basketball vs. ML – loss (43-25)ML
Jan. 20: 7th/8th girls’ basketball vs. Christ – loss (31-17)
Jan. 21: 3rd/4th girls’ basketball vs. Grace – Great job!!
Jan. 21: 5th/6th girls’ basketball vs. Grace – loss (34-10)

Upcoming games:

January 25

5 p.m.: 5th/6th girls’ basketball vs. Trinity, BS (Away)
7 p.m.: 7th/8th girls’ basketball vs. Trinity, BS (Away)

January 27

4:15 p.m.: 7th/8th girls’ basketball vs. Trinity, Paw Paw (Away)

January 28

5 p.m.: 5th/6th girls’ basketball vs. Grace (Home)

CHURCH NEWS

Worship information and upcoming church activities

Please join us for Worship

Sundays 8:00 a.m. Service
9:15 a.m. Bible Study
10:30 a.m. Service

Mondays 6:30 p.m. Contemporary Service

Adult instruction class

The class meets on Tuesday nights from 6 to 8 p.m. in the Fellowship Hall. Pastor Roth leads attendees in the primary Biblical teachings and Lutheran doctrine. The class leads to membership at Trinity Lutheran Church, but it is also good for anyone desiring to learn more through God's Word. Call the church office at 269-983-5000, to sign up.

Women's ministry potluck

The Women's Ministry team is kicking off the New Year with a fellowship potluck on Tuesday, January 26, from 6 to 8:30 p.m. in the Lighthouse Café. Bring your favorite appetizer, main dish to pass, or dessert and join your sisters in Christ for an evening of laughter and fun as we reconnect after the busy holiday season. Beverages and tableware will be provided. Please RSVP to Debby Miskill at 983-5000, with your name, contact phone number and food item you are planning to bring.